



Ariennir gan  
Lywodraeth Cymru  
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# Camau at Ddysgu

Adeiladwch hyder plentyn fel eu bod yn hyderus, yn chwilfrydig ac yn barod i ddysgu.

Cewch fwy o gyngor, awgrymiadau ac adnoddau i'w lawr lwytho at

**Barod i ddysgu - Mae dysgu yn dechrau yn y cartref.**

## Dwi'n gallu.....

		defnyddio cyllell a fforc	gofalu am fy mhethau	gwrando a dilyn cyfarwyddiadau	adnabod llythrennau a geiriau
			chwarae gyda phlant eraill	chwarae gemau gwrando	gallu adnabod fy enw ysgrifenedig
	mynd i'r toiled ar fy mhen fy hun	gwisgo fy hun, agor & chau botymau & defnyddio sip	rhannu fy nheganau	gwrando ar straeon	gallu gwneud marciau
bod yn hapus i ffwrdd o Mam, Dad neu fy Ngofalwr	golchi fy nwylo	tacluso ar fy ôl fy hun	cymryd tro	siarad am luniau	gallu dal pensil wrth liwio
				troi tudalennau lyfr	gallu dilyn patrymau
					mwynhau rhigymau a chaneuon rhifo

Mwy o awgrymiadau:

★ Gwnewch ffrindiau ag wynebau cyfarwydd. Os ydych chi'n adnabod plant a fydd yn yr un ysgol, beth am drefnu cyfarfod.

★ Os oes gan blentyn gwisg ysgol, gadewch iddo/iddi ymarfer ei wisgo a labelwch gyda'i enw - anogwch iddynt adnabod ei enw.

★ Mae pob plentyn yn wahanol ac yn datblygu ar eu cyflymder eu hunain.

# Steps to Learning

Build the child's confidence so that they become confident, curious and ready to learn.

Access more great advice, tips and downloadable resources at

[Ready to Learn – Education begins at home.](#)

## I can.....

be happy away from Mum, Dad or carer

wash my hands

tidy up after myself

take turns

turn pages of a book

enjoy rhymes and counting songs

go to the toilet on my own

dress on my own, button and unbutton and use a zip

share my toys

talk about pictures

follow patterns

use a knife and fork

play with other children

listen to stories

hold a pencil when colouring

look after my things

enjoy playing listening games

make marks

listen and follow instructions

recognise my own written name

spot letters and words

More top tips:

★ Make friends with familiar faces. If you know children who'll be at the same school, why not arrange to meet up.

★ If a child's school has a uniform, let the child try it on, label it with their name - and encourage them to recognise their name.

★ All children are different and progress at their own pace.